

# WSCA Member Publishes First Book

The WSCA congratulates Perry Chinn, DC, on the release of his first book, *Soaring Beyond Fear*. Below, Dr. Chinn shares his story with *Plexus*.

**Plexus:** *How were you first inspired to write this book?*

**Dr. Perry:** My inspiration for writing was my experience in recognizing and moving through the paralyzing effects of fear, what I call the 'fear-mind.' Many authors have promoted 'positive thinking' and intentional creation, however few have addressed the tendency of our ego, especially the fear-motivated aspect of our ego, to assume our consciousness and create our experience.

**Plexus:** *What did you learn from this experience?*

**Dr. Perry:** Recognizing my fear-mind, gaining awareness and then using this tool to intentionally create a higher level of consciousness and joy has been life changing, to say the least.

**Plexus:** *How long did you work on it before it was complete?*

**Dr. Perry:** The work was several years in creation—however the actual writing and editing was completed in approximately four months.

**Plexus:** *What would you describe as the most important message in your book?*

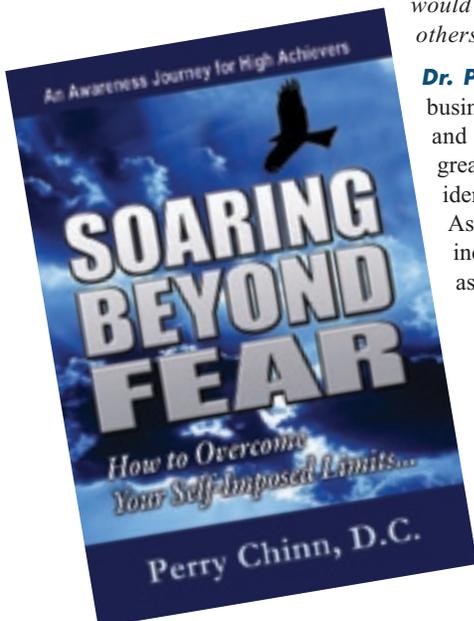
**Dr. Perry:** Gaining awareness of your fear mind and regaining your identity as a spiritually complete being, detaching from the victim identity of the fear motivated mind.

**Plexus:** *Do you plan to write other books in the future?*

**Dr. Perry:** Yes, I have started a book on the Nobel Prize winning science of the 1998 discovery of the cardiovascular benefits of L-arginine. My nutritional product Acatrix is the culmination of two decades of research and the science of the nitric oxide pathway and its ability to restore cardiovascular wellness.

**Plexus:** *As a chiropractor, how would your book be interesting to others in our profession?*

**Dr. Perry:** Our success in practice, business in general, relationships and our personal experience is greatly affected by the level of identification with the fear-mind. As our awareness of this dynamic increases, we can then truly soar as the limitless beings we are.



**Plexus:** *How long have you been in practice?*

**Dr. Perry:** 24 years.

**Plexus:** *What inspired you to become a chiropractor?*

**Dr. Perry:** My remarkable personal experience following a logging accident under the hands and care of Dr. Les Dolezal.

**Plexus:** *Where did you graduate from chiropractic college?*

**Dr. Perry:** Life-Marietta, 1986.

**Plexus:** *How long have you been a member of the WSCA?*

**Dr. Perry:** Off and on for over 20 years.

**Plexus:** *City you live in?*

**Dr. Perry:** Enumclaw

**Plexus:** *Family?*

**Dr. Perry:** Four sons and three stepdaughters. One granddaughter of four months.

**Plexus:** *Anything else you'd like to add?*

**Dr. Perry:** I am learning that there truly are no limits to this life experience. Only the illusion of fear and our identification with this fear holds us back and obscures the magic of who we really are and what we can then accomplish.

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